

# The 5 Biggest Mistakes Most People Make When Trying To Lose Weight

## **Lose 8-23 inches of Fat in 42 Days**

New Non-Surgical Laser-like-Like Technology  
Shrinks Fat While You Lie There  
At Least Double the Results of Your Diet & Exercise

**No Drugs, No Surgery, Pain Free, Minimal Dieting,  
Minimal Exercise**

### Mistake #1

**Not knowing the difference in “fat-storing” and “fat-burning”. There are many different lifestyle choices that lead you to one side of this scale. You could be thinking you are doing something healthy that is actually making your body stay in fat storing vs fat burning.**

**1.**

If you know you would like to register and reserve one of the limited spots at our next workshop

**Call 240 477 0111 and reserve your spot. Workshop attendees get a \$179 credit towards an 18 visit package.**

Schedule a No Obligation Weight Loss Consultation in the office

**2.**

**Call 240 477 0111 leave a message and we will call you back with available times.**

Would you ever have dreamed, you could lie there and have the inches literally melt off you because of shining a high-tech laser-like lipo on your belly, thighs, and chin or wherever you want to lose fat?

## Mistake #2

**Thinking you can do it on your own. You would have done it already. Think....., how many times have you said you are going to start eating right and exercising and you last until Wednesday, maybe Thursday, then by the weekend you just say you are going to eat all the bad stuff and start again on Monday. HOW MANY TIMES??!!!??**

# **How Does This All Work? And Does it Really Work?**

**Yes it works.** We have a guarantee to back it up.

But first, how it works:

The laser-like process is almost exactly the same as exercise

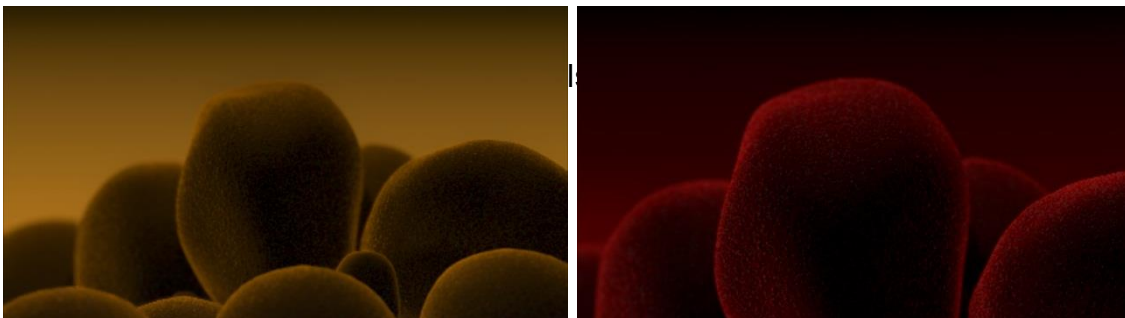
Only instead of hormones opening the fat cells with exercise

The Laser-like light opens the fat cells – right through your skin

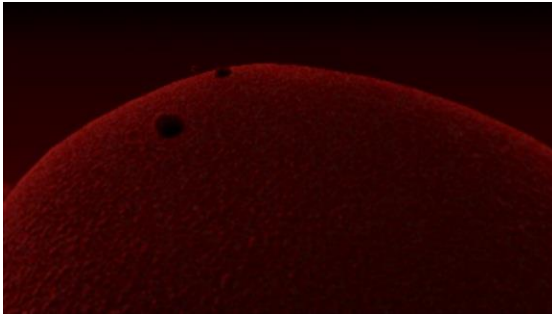
The same stuff comes out of the fat cells

And the fat cells get smaller.

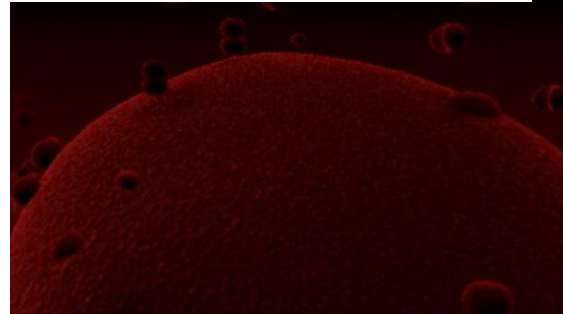
**This is Safe**—It is just cold laser-like light, no cutting or invasive procedures, and the same process that exercise causes the fat cells to go through, happens from the laser-like lipo.



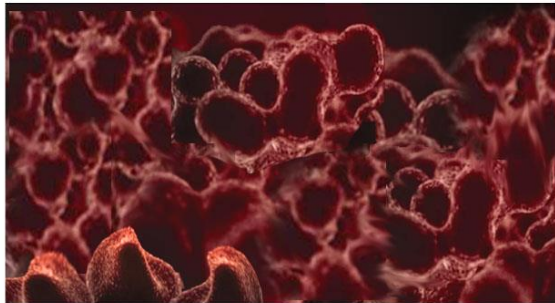
1 Adipocytes at rest



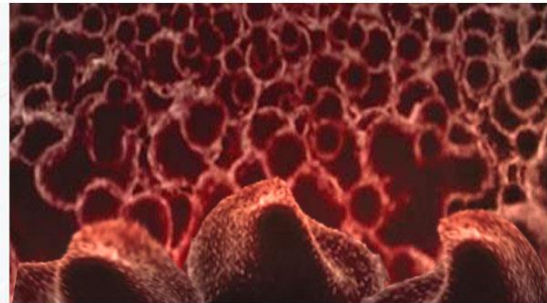
2 The Laser energy starts to irradiate the adipocytes



3 Pores have formed on the adipocytes allowing contents to spill out.

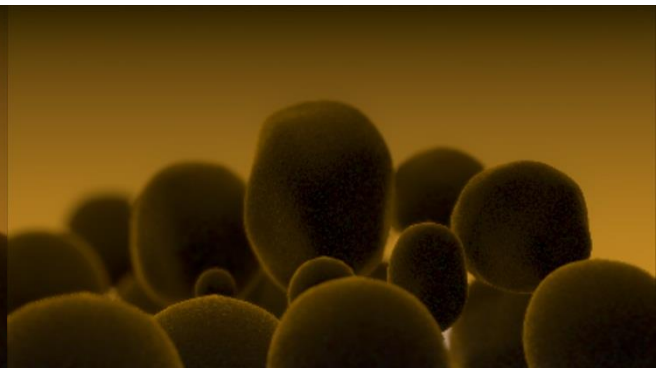
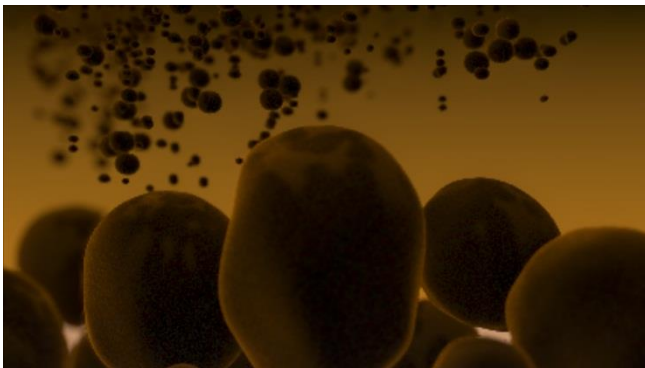


4 Water Glycerol and Free Fatty Acids are released from the adipocytes



5 Continues to flow out.

6 As the treatment continues, water, glycerol and free fatty acids enter the interstitial space.



7 These components are carried away by the Lymphatic system

8 The Adipocytes are at rest.

The fat being released from the fat cells, has the same effect on your body as eating a big mac, or exercising. So the risk of anything negative happening is also the same as exercising or eating a big mac, very close to nothing.



### **What is it and how does it work?**

It is a cold laser-like light, applied directly to the skin, which causes the fat cells to open up and release their “fat” contents, which is the same thing that happens when you exercise. Only the hormones cause the fat cells to release fats when you exercise. The water, glycerol and free fatty acids leave the cell, and your fat cell shrinks.

### **The best part about this, it is finally offers you hope**

This new laser-like technology gives you hope. Have you felt frustrated you haven't lost those 1-5 inches – doing diet and exercise? Lost hope? And when you see the fat come off quickly, you will have hope and be more inspired to make the changes you know you should be doing. Not to mention the health benefits of losing weight.

- Hope for people who exercise and eat right, but still have those **problem areas** this can spot reduce trouble areas
- Hope for people who diet and exercise, but it doesn't seem to help them lose weight and they lose motivation to continue
- Hope for people with cellulite – to smooth out the skin

- Hope for people with excess skin, after losing weight, and they don't want to go in for surgery
- Hope for people who want to see immediate results – for the motivation to make lasting lifestyle changes

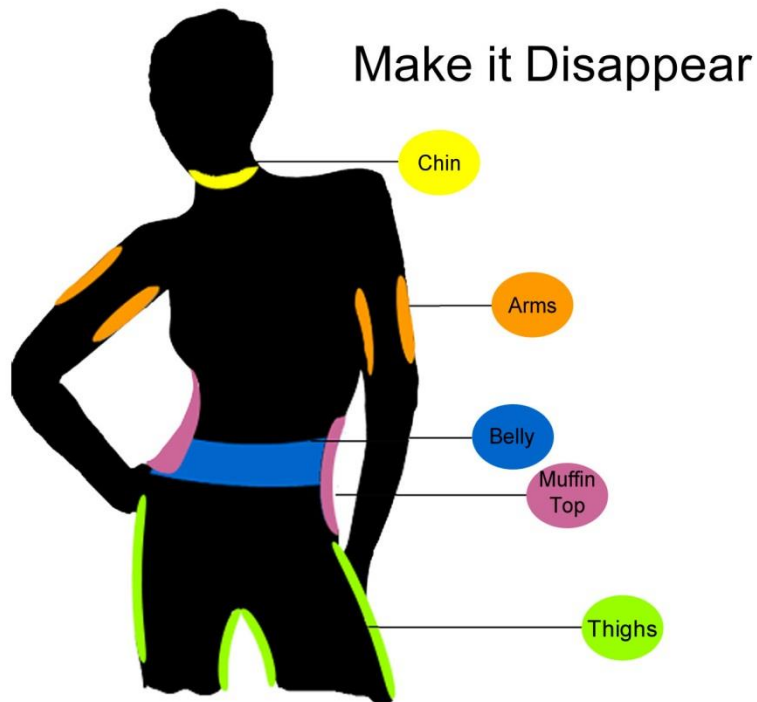
Many patients find it easy to do the right things, after they have the results this machine produces for them.

### **Mistake #3**

**Exercising... Huh? If you belong to a gym and have been going for some time, look at the SAME people on the SAME treadmill, bike or elliptical machine over and over and over again. Do they look in shape? Do they look different?**

### **The Laser-like Lipo Can Help You With:**

- Reducing Fat
- Reducing Stretch Marks
- Skin Shrinkage
- Eliminating Cellulite
- Spot Reduction
- Chin "Tucks" with chin fat
- Eliminating Muffin Tops Easily and Effortlessly



### Where it can all be used

- Stretch marks
- Skin reduction
- Spot reduce
- Body sculpting
- Pain and Inflammation
- Body Contouring
- Cellulite

# What it IS & What it's NOT

## What it's Not

- Not another Diet
- Not Complicated
- Not for Everyone
- Another Gimmick
- Surgery
- Drugs

## What it IS

- Effortless and Easy
- Class 1 FDA device
- Proven Results
- No Brainer for Losing Fat
- Pain Free
- Completely Safe

## Does It Really Work? YES!

### Mistake #4

**Are you limiting your calories or limiting types of foods? Do you know if you are doing it properly? Has this worked for you? Find out how to eat properly.**

1. Check out all the proven results at our website, [www.MarylandLaserWeightLoss.com](http://www.MarylandLaserWeightLoss.com)
2. If it didn't work, could we offer a Guarantee Policy?
3. There are many published scientific studies on how it works,
4. Check out all the news clips about this technology.

## The Laser-like Lipo Works!

Here are two published studies, on how this technology works

1. [The Efficacy of the Lapex 2000 Lipo Laser-like in Body Contouring and Fat Reduction\\*](#)

Caruso-Davis M, Guillot T, Yu Y, Bissoon L, Greenway F Published in Obesity

Journal 15:A99, 2007, 2007 Presented at NAASO Annual Scientific Meeting, New Orleans, LA. October 20-24, 2007.

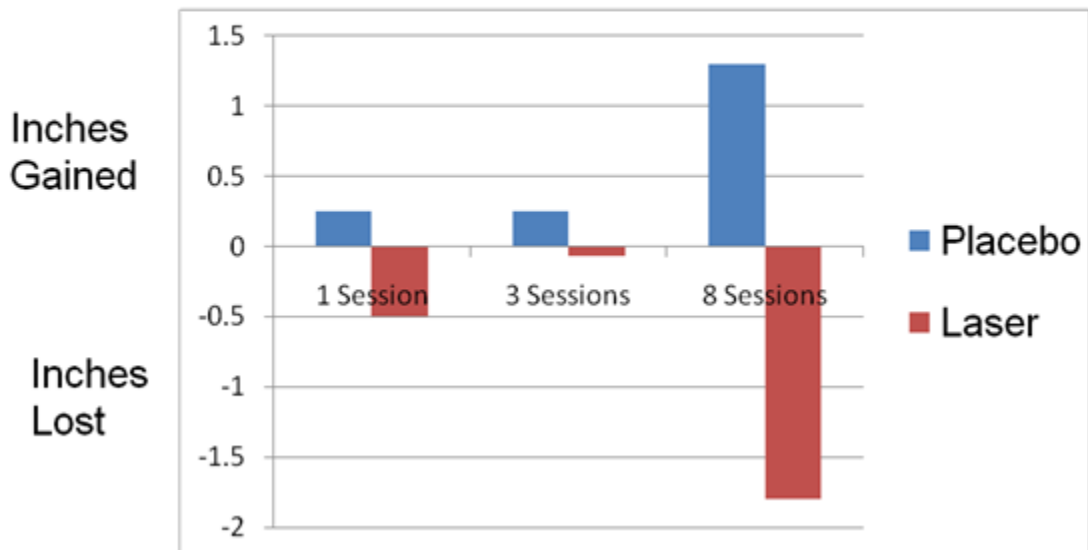
## 2. [The Greenway Study](#) \*

Efficacy of Low Level Laser-like Therapy for Body Contouring and Spot Fat Reduction

Mary K. Caruso-Davis\* ,Thomas S. Guillot\*\* ,Vinod K. Podichetty† , Nazar Mashtalir\*\*\*, Nikhil V. Dhurandhar\*\*\*, Olga Dubuisson\*\*\*, Ying Yu\*\*\*, Frank L. Greenway\*\*\*

The results in graph form of the double blind study

# 311 Patient Double Blind Study



Now with the increased number of diodes – the better treatment protocol – and the entire system – people are getting an AVERAGE of 2 dress or pant sizes gone in 42 days

## The New Results You Can Expect

(with 16 paddles and 3 times a week for 6 weeks of sessions)

**1 Inch in 21 days – AVERAGE – with almost no lifestyle changes**

**2 Inches in 21 days – AVERAGE – with minimal lifestyle changes**

**2-4 inches in 21 days – AVERAGE – with serious lifestyle changes**



**8-23 inches – Average – in 42 days – and 14-23 lbs gone –  
That is 2-5 Dress/Pant sizes permanently gone in 42 days**

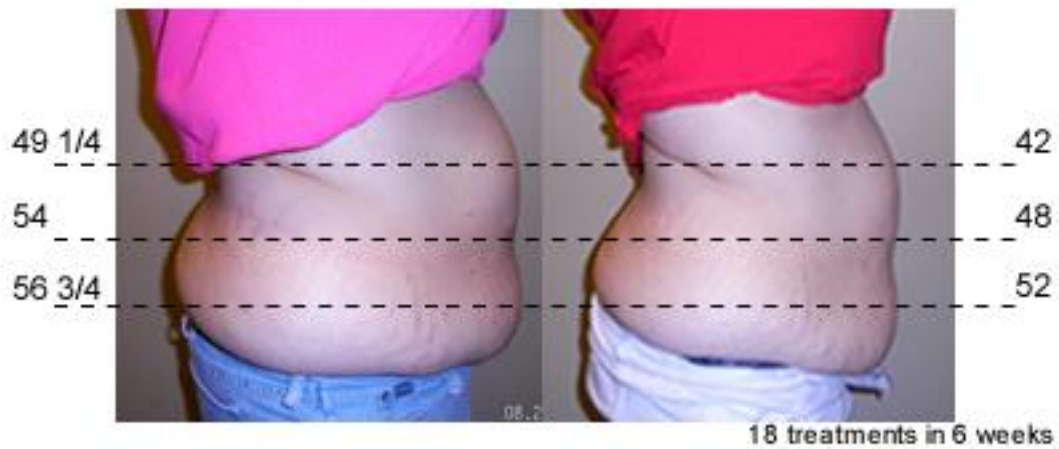
Record lost with least amount of sessions is 31 inches total, in 42 days  
– the most lost regardless of the number of sessions is 68 inches.

## Results in 1 session

- Upper Pre 35 inches - Post 33.5 in
  - Mid Pre 35.5 in - Post 32.75 in
  - Lower Pre 35 5/8 in - Post 34 5/8 in
- 5.25 inches total loss

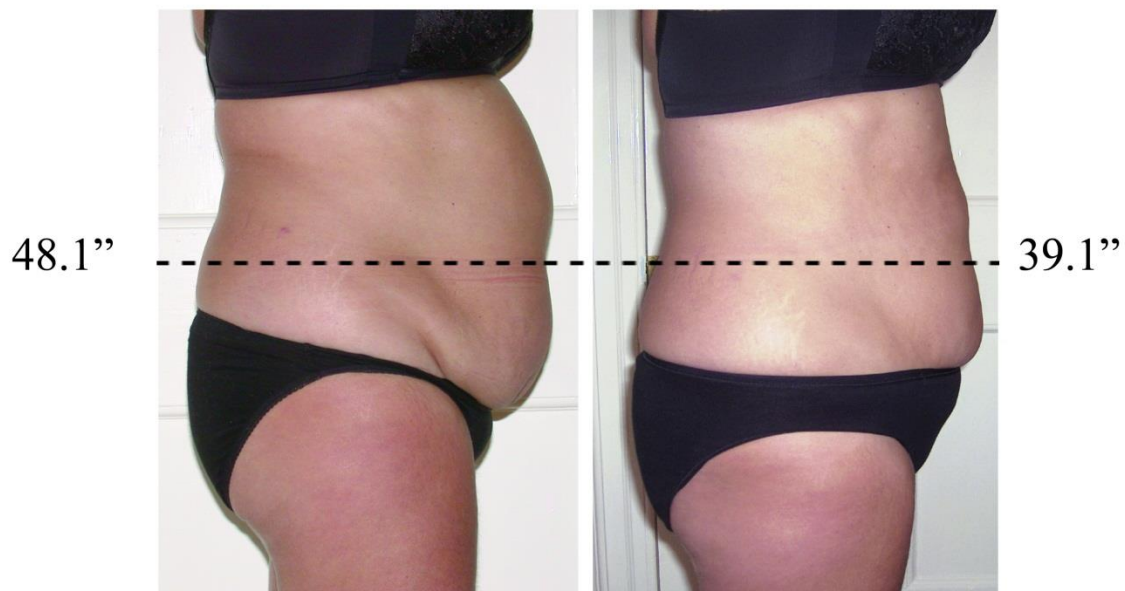


One woman's results after 18 treatments – look at how even her stretch marks got better.



“Like Everyone else, I was interested in losing inches, but was not interested in trying invasive procedures. Even with diet and exercise those stubborn areas were difficult to reduce. Although somewhat skeptical, I was excited to try out this new laser that was designed for body contouring and fat reduction. The Lipo-Laser treatments are not only pain free and non-invasive, they are very relaxing and most importantly, **THE TREATMENTS WORK!**”

Roberta Flack  
Grammy Award Winning Singer/Songwriter



**9 Inches Gone in 8 Visits**

**48 year old woman lost 9 inches in 8 treatments**

## **Is Laser-like Lipo Safe? YES!**

Yes, Laser-like lipo treatments are completely non-invasive and clients feel nothing. Lipo Laser-like's low level technology has been studied and used for over 30 years for many biomedical purposes. It's a Class 1 FDA device using technology studied by NASA.

### **Do I have to do other things to lose the fat?**

Only for bigger results – Vevazz opens your fat cells. And some of the fat will come out and the fat cells will shrink doing nothing, since they are open. But simply eating healthy and exercising will double or triple the results of Vevazz alone. We have support if you choose to change your life while doing the sessions.

### **What do you do to keep the fat off?**

Normal things you need to keep weight off—eating healthy, exercise, drinking water, etc.

### **Where Does the Fat Go?**

That fat can be burned as energy in the body, or normal metabolic processing—just like when you exercise and release fat from the fat cells.

### **How Quickly Will I See Results**

Many clients see measureable results after their first 3 sessions, however, the protocol is 18 visits per area and the results are GUARANTEED.

### **What Kind of Results are Produced?**

8-23 inches in 42 days. With an AVERAGE of 12 inches in 42 days in our office. People who make minor lifestyle changes, are on the higher end of the average, and those who don't, the lower end.

### **How many times do I need it?**

How much fat do you want to lose? And how much are you willing to do?  
9-36 sessions is a good range depending on those answers. We will tell you during your consultation exactly how many and how much it will cost.

## **What is Involved? What do I have to do?**

18 sessions - 3 sessions a week, for 6 weeks, 17 minutes per session including the laser and vertical controlled vibration therapy. You relax in a comfortable position while a trained Laser-like lipo technician places multi-laser-like paddles and two smaller laser-likes to the target areas. Then lay back, relax, read, or whatever you like.

### **Where are the sessions?**

In our Rockville office across the street from Timpano's restaurant and the new Chik-Fil-A.

### **What if I Don't Lose at least 1 Inch in 42 days?**

We give you sessions at no charge, until you do. We have not had to do this yet!

## Who can all do it?

Most people can do our program.

There are a few people who cannot do the lipo program and we will tell you at your consultation. Otherwise, assume you can.

### Mistake #5

Using the same level of thinking in your current situation to get a different result. You must change this thought process, but you may need data.

## Are there other benefits?

Yes, there are Health and Wellness Benefits

- 400,000+ people die from Heart Disease
- 200,000+ people die from Diabetes complications
  - Both of these have obesity as a major contributing factor
- Arthritis affects 1 in 2 Adults
  - Obesity is again, a major contributing factor

So if you were less obese, we are told all the time, lose weight, and your risk goes down.

There are no studies to show if this produced health benefits, but since the mechanism of action is just like that of exercise, I believe you will see health benefits from losing fat with the laser-like lipo as well.

People with Diabetes can do this program safely, as long as they measure their blood sugar levels before and after.

Many Diabetics end up using less insulin, after they do the 18 session program.

Psychological benefits as well, imagine what you will feel like, when you look and feel better, when people make comments about how great you look?

## What are my Alternatives?

### **Lipo Suction Surgery**

- Cost - \$5,500 to \$10,000
- 1 week off work for recovery
- Follow up skin removal surgery - \$2,000
- Fat gets stored in weird places after lipo

- Risks- Scarring to Death
- Some cannot even do it because of meds
- Lumpy and choppy results

**Lap Band** – Similar risks and cost to lipo suction surgery – but no guaranteed results, you still have to eat less and exercise

**Gastric Bypass** - Similar risks and cost to lipo suction surgery - but you have to eat A LOT less, and if you don't, you could literally die from over eating.

**Dangerous Drugs** – Again, similar risks to lipo suction surgery – but even more possible side effects. EVERY SINGLE DRUG that has ever been FDA approved, and been on the market long enough, has been riddled with long term side effects, never known when the FDA first approved it.

**Gimmicky Supplements** – We have seen the advertisements, read the newspaper ads, heard the radio jingles, but they all have one thing in common, no proven results.

**Diet and Exercise** – We know how well this works – minimal to no results, hard work and lots of effort, often causing us to lose motivation to continue. Thus, rarely producing any kind of result at all.

## **The Laser-like lipo Is the Only Non-Diet, Non-Invasive, Pain-Free Way to Lose Inches of Fat**

### **What is the Investment?**

We currently are offering a 3 visit QUICK-START, at 74% off the normal price. We have a few open spots, and once those spots are filled, the price will go up.

It is about 30-65% less than the price of  
Invasive Lipo-Suction.

Depends on how much you are willing to do, how much you want to lose, and what you have been doing up until this point.

**Call 240 477 0111 to come to the next workshop and receive a \$179 credit towards an 18 visit package or to set up a no obligation consultation.**

Or stop by the office at 5912 Hubbard Drive, Rockville MD 20852 to Register

Dr. Wander